

Solutions for Toenail Fungus

CHOICE PODIATRY CENTER

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With warmer weather approaching, the thought of wearing sandals, walking barefoot on the beach and showcasing beautifully pedicured toenails is wonderful! Yes, this is the anticipation of most during this season, unless you suffer from ugly, painful, yellow, thickened toenail fungus.

Toenail fungus is an infection of the nail bed underlying the surface of the nail plate. Fungal nails can be caused by various fungi found in the environment and in our system. Most people contract fungal infection externally while others get it due to being immunocompromised from diabetes and other systemic conditions. Although the infection affects the nail bed, the effect is seen on the nail plate: it changes the appearance of the nail by causing discoloration and thickening of the nail. There is also foul smell associated to the infection. The color to the affected toenails ranges from white to yellow. The thickening of the nails creates pressure in shoes, which in turn, causes pain with ambulation and activity. Toenails are especially vulnerable to a damp and dark environment. Sweaty, dark, closed-toe shoes create a dark moist environment that allow fungus to grow easily and more rapidly.

Toenail fungus is treatable but often takes a long time to resolve. While medication and LASER treatments are available to treat fungus, the treatment may take some time to be effective and may never restore the nails to their normal appearance. There is an immediate cosmetic solution to those suffering with toenail fungus, infection, and toenail malformation. This nail restoration system is a safe, non-systemic in-office application that restores the appearance of the natural nails. The system creates realistic natural-looking nails in place of the damaged toenails. It creates a flexible nail that is non-porous, water insoluble and allows the natural nail to regrow while being treated with either oral or topical medication. It is also ideal for post-LASER treatment. The system does not affect or irritate the skin; it attaches to the callous cells of the nail or the papillary roots. After this painless procedure, patients can return to day-to-day activity and can even polish their nails.

Please contact Dr. Vivian Iwu of Choice Podiatry Center at 678-807-8320 for more information on fungal toenail treatment with oral or topical medication, LASER treatment, or nail restoration to repair and restore the appearance of your natural toenails in minutes.

